



USDA-FNS Presents



Loving Your Family... What's It All About?

Week 1

Schedule

Online Education Module: “Explore Loving Your Family”

This online education module was created especially for nutrition educators who work with the food stamp population and other similar low-income audiences.

The module explores the background, materials and applications of the *Loving Your Family...initiative*. Viewing the module should be the first step in familiarizing oneself with the materials that are part of the *Loving Your Family...initiative*.

In addition to an introduction to the materials there are many interactive features to the mod-

ule that make it fun and easy to review as well as provide ideas for using the materials effectively and creatively with your population.

Module Features

Self Paced- The module takes approximately 30-40 minutes to review however the design of the module is self-paced so each user can spend as much time on particular topics as they want.

Learning Interactions- Each chapter of the module features learning interactions such as “Knowledge Checks” to reinforce learning topics

Live Links to Web- Live

hyperlinks are imbedded into the module that will take the user to additional and valuable nutrition resources with just one click

Audio Testimonies-

Provides creative examples of how to implement various pieces of the *Loving Your Family... materials*.



Welcome Screen for “Explore Loving Your Family...” Online Education Module

Online Education Module & Educator's Handbook	Week 1
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Staff Support Kit	Week 2
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Promotional Brochures	Week 3
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Discussion Sessions	Week 4
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Participant Guidebook	Week 5
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Participant Handouts	Week 6
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Loving My Family...video	Week 7
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User Response Card	Week 8
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How To Order Materials

For specific ordering details follow this hyperlink to the Food Stamp Nutrition Connection web site : <http://www.nal.usda.gov/foodstamp/orderingmaterials.pdf>

Food Stamp Nutrition Educators can order limited copies of specific materials at:

<http://www.ntis.gov/foodstamp/default.aspx>

Everyone can download materials for free at:

<http://foodstamp.nal.usda.gov/fns>

Educator's Handbook

The Educator's Handbook is a complete guide to *Loving Your Family Feeding Their Future*. In addition to providing an overview of the materials it also discusses its relationship to the Dietary Guidelines for Americans and MyPyramid.

This handbook serves several functions. It:

- Helps nutrition educators implement *Loving Your Family Feeding Their Future*.
- Provides an overview of the ready-to-use educational tools and available resources
- Introduces nutrition educators to the theme devel-

oped for this initiative and encourages its use in other nutrition education efforts.

